

### FAMILY FOUR PLAN

4 Thighs, 4 Drums,  
4 Breast, 4 Wings,  
4 Sides, 4 Corn Bread

**\$34.99**

Not to be combined with any other offer.  
Please mention coupon when ordering.  
Limited time offer.

### YOUNG BUCK AFTER SCHOOL SPECIAL

6" Hoagie or  
Steak, Chips &  
a Can of Soda

**\$5.99**

Not to be combined with any other offer.  
Please mention coupon when ordering.  
Limited time offer.

### VEGANITE SANDWICH & SIDE FEAST

2 Vegan Steaks  
(Choice of Chicken or Beef)  
& 2 Vegan Sides

**\$14.99**

Not to be combined with any other offer.  
Please mention coupon when ordering.  
Limited time offer.

### JACKIE'S SEAFOOD SPLASH DOWN

2 Tilapia Sandwiches,  
2 Whiting Sandwiches,  
2 Flounder Sandwiches  
& 1 Large Coleslaw

**\$29.99**

Not to be combined with any other offer.  
Please mention coupon when ordering.  
Limited time offer.

### JOAN'S SAMPLER

3 Mozzarella Sticks,  
3 Chicken Fingers,  
3 Soulfed Wings,  
3 Fried Wings  
3 Buffalo Wings & Fries

**\$12.99**

Not to be combined with any other offer.  
Please mention coupon when ordering.  
Limited time offer.

## PLATTERS

All Platters Come with Two Slammin' Sides & Dinner Roll

Fried Chicken Breast .....	11.50
Fried Quarter Leg .....	10.50
Fried Chicken Wings.....	10.50
Fried Chicken Fingers (5).....	10.50
Fried Pork Chop Platter (2).....	9.50
Fried Wing Ding Platter .....	10.50
Buffalo Wing Platter .....	11.00
Buffalo Chicken Finger Platter (5).....	11.00
Soulfed Wings <i>Sweet -N-Spicy Sauce</i> .....	10.50
Grilled Chicken Breast .....	11.50
8 Pc Bucket (2 Thighs, 2 Wings, 2 Legs & 2 Breasts) .....	12.50
Beef Meatballs & Pasta <i>Served with Garlic Toast</i> .....	10.25



## SEAFOOD PLATTERS

All Dinners Come with Two Slammin' Sides & Dinner Roll

Fried or Grilled Whiting .....	10.50
Fried or Grilled Catfish.....	11.50
Fried or Grilled Tilapia .....	11.50
Fried or Grilled Flounder.....	11.50
Fried Shrimp & French Fries.....	10.50
Seafood Combo <i>Fried Whiting, Fried Shrimp &amp; Clam Strips</i> .....	13.95
Clam Strips.....	10.00

### PLATTER

Fried Shrimp (8pc only) .....	9.00	13.95
Grilled Shrimp (8pc only) .....	9.00	13.95
Sautéed Garlic Shrimp (8pc only).....	9.00	13.95

## SLAMMIN' SIDES

Wanda's Mac & Cheese .....	3.00
Shanny's Collard Greens with Smoked Turkey .....	2.50
String Beans with Smoked Turkey.....	2.50
Candied Yams .....	2.50
Potato Salad .....	2.50
Coleslaw .....	2.00
Brown or White Rice .....	2.00
Fried Cabbage .....	2.50
Fried Country Kernel Corn .....	2.00



## VEGAN SLAMMIN' SIDES

Collard Greens.....	2.50
String Beans.....	2.50
Coleslaw .....	2.50
Kernel Corn .....	2.50
Brown or White Rice .....	2.00
Fried Country Kernel Corn .....	2.00
Fried Cabbage .....	2.50
Candied Yams .....	2.50

## LUNCH SPECIALS EVERYDAY 11-1

All Lunch Specials Served  
with French Fries

**\$6**

Cheeseburger Beef or Turkey
Chicken Gizzards
Clam Strips
Wings (3)
Cheesesteak

PLATTER WITH TWO SIDES OF MAC & CHEESE IS \$1.50 EXTRA

## BREAKFAST

10am- 2pm. All Sandwiches Served on Wheat, White or Long Roll

2 Eggs Any Style & Choice of Pork.....	3.00
2 Eggs Any Style & Choice of Beef or Turkey.....	3.00
2 Eggs Any Style <i>with Cheese &amp; Choice of Pork</i> .....	3.50
2 Eggs Any Style <i>with Cheese &amp; Choice of Beef or Turkey</i> .....	3.50

All Platters Served with Homefries or Grits and Toast.

2 Eggs Any Style & Choice of Pork.....	5.00
2 Eggs Any Style & Choice of Beef or Turkey.....	5.00
2 Eggs Any Style <i>with Cheese &amp; Choice of Pork</i> .....	5.50
2 Eggs Any Style <i>with Cheese &amp; Choice of Beef or Turkey</i> .....	5.50
3 Pancakes & Choice of Meat.....	5.00
Fried Whiting Fish & Grits.....	6.50

### Side Orders

Homefries.....	1.95	Grits.....	1.95
3 Pancakes .....	3.00	Fried Onions or Peppers.....	.25
All Pork Meats.....	2.00	All Beef & Turkey Meats.....	2.25
Extra Cheese .....	.25	"Steel Cut Oatmeal".....	2.50

### Meats

PORK- Bacon, Patty Sausage, Scrapple  
BEEF- Bacon, Mild Sausage, Hot Sausage  
TURKEY- Bacon, Patty Sausage



## DESSERTS

All Desserts are Homemade and all Cakes are Made from Scratch

Toy's 7UP Cake.....	3.00	Carrot Cake .....	3.00
Barb's Lemon Glaze Cake .....	3.00	Chocolate Cake .....	3.00
Chonda's Butter Pound Cake.....	3.00	Red Velvet Cake.....	3.00
Saleem's Banana Pudding .....	3.00	Crystal's "Sock It To Me" Pound Cake.....	3.00
Peach Cobbler .....	3.50	<i>Cinnamon &amp; Brown Sugar Swirled inside &amp; topped with vanilla caramel glaze icing</i>	
Apple Cobbler .....	3.50	Cannolis (5) <i>Italian Dessert</i> .....	5.00
Rice Pudding .....	2.00		
Cheesecake.....	3.00		

## BEVERAGES

Bottle Soda .....	1.50	Bottle Juice .....	1.75
Bottle Water .....	1.00 • 1.75 • 2.50	Can of Soda .....	.75

## CATERING MENU

### À LA CARTE

Macaroni & Cheese .....	SMALL \$65	LARGE \$95
String Beans.....	\$65	\$85
Collard Greens.....	\$65	\$85
Candied Yams .....	\$65	\$85
Potato Salad .....	\$55	\$75
Cabbage .....	\$55	\$85
Seafood Medley .....	\$65	\$85

*Red Potatoes, Corn, Broccoli in Seafood,  
Butter and Garlic Sauce*

Our small pans feed approximately  
10-20 people, the large pan feeds  
approximately 25-40 people.

### FISH

Bake Whiting .....	\$8.99 lb
Fried Whiting .....	\$7.99 lb
Fried Tilapia, Flounder or Catfish.....	\$8.99 lb
Baked Tilapia, Flounder or Catfish.....	\$9.99 lb
<i>Baked or Grilled Salmon priced at Market value during time of ordering</i>	
Roast Beef .....	\$9.99 lb
Baked Glazed Ham .....	\$8.99 lb

Fran's Seafood Salad .....	SMALL \$75	LARGE \$150
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*Fresh Scallops, Shrimp, Lump Crabmeat*

### CHICKEN

*Fried, Baked or Barbecue*

Jumbo Wing Dings .....	\$37.50	50 PCS	\$65.00	100 PCS
Jumbo Wings.....	\$60.00		\$120.00	
Fried Chicken Breast .....	\$2.75		each	
Mixed Dark Meat .....	\$75.00		\$150.00	

### DESSERTS

Saleem's Banana Pudding.....	SMALL \$55	LARGE \$85
Peach or Apple Cobbler.....	\$55	\$85

*Cakes are 10" and are Homemade  
from Scratch!! (with a Southern Flair)!*

Lemon Pound Cake .....	\$25
Butter Pound Cake .....	\$25
7up Pound Cake.....	\$30
Red Velvet .....	\$30
Lemon Almond Pound Cake.....	\$30
Chocolate Pound Cake.....	\$30
Vanilla Pound Cake.....	\$30
Crystal's "Sock It To Me" Pound Cake .....	\$30

This is Our Catering Menu at a glance  
for full disclosure, check out  
[WWW.SOULFEDCAFE.COM](http://WWW.SOULFEDCAFE.COM)

# SOULFED CAFE

"FOOD FOR YOUR SPIRIT AND SOUL"

SEAFOOD • FRIED CHICKEN • SLAMMIN' SIDES • HOME MADE DESSERTS  
HOAGIES • VEGAN MENU • FISH • ICE CREAM • WATER ICE • SMOOTHIES



107 E. COUNTY LINE RD.  
ARDMORE, PA 19003

(SIMPSON COUNTY LINE RDs)

**610-649-3999**

610-649-3994 Fax

SOULFEDCAFE.COM

CALL 20 MINUTES AHEAD FOR PICK UP

CALL 20-45 MINUTES AHEAD  
FOR DELIVERY



THE MENU EXPRESS 856-216-7777 9/12 Not responsible for typographical errors. Prices subject to change without notice.



## ANYE'S APPETIZERS

Chicken Fingers (5).....	4.95
Chicken Nuggets (10).....	4.95
Fried Chicken Wing Dings (8 pc).....	5.00
Fried Whole Chicken Wings (4 pc).....	5.00
Buffalo Wings (8 pc).....	5.50
Buffalo Chicken Fingers.....	5.50
Breaded Buffalo Wings (8 pc).....	5.50
Aliya's Soulfed Wings (8 pc) <i>Sweet-N-Spicy Sauce</i> .....	5.50
Soulfed Chicken Fingers.....	5.50
Chicken Gizzards.....	4.00
Fried Mozzarella (6).....	4.25
Fries.....	2.75
Cheese Wiz Fries.....	3.50
Old Bay Fries.....	3.00
Garlic Bread.....	2.50
Garlic Bread <i>with Cheese and Sauce</i> .....	3.50
Pop Pop's Potato Skins (5) <i>with Cheese and Bacon</i> .....	5.25
Nachos & Cheese <i>Wiz, Salsa &amp; Sour Cream</i> .....	4.95
Supreme Nachos <i>Grilled Chicken, Melted Cheese, Salsa &amp; Sour Cream</i> .....	6.95



## STEAKS

1/2 Pound of Thinly Sliced Beef or Thinly Sliced Chicken Breast

	BEEF	CHICKEN
Plain Steak.....	5.00	5.50
Cheesesteak <i>American, Mozzarella or Wiz</i> .....	6.00	6.25
Mushroom Cheesesteak.....	6.50	6.75
Buffalo Cheesesteak.....	6.50	6.75
Pizza Cheesesteak.....	6.50	6.75
Extra Cheese.....	.50	.50
Lettuce & Tomato.....	.50	.50
Sweet Peppers.....	.25	.25
Hot Peppers.....	.25	.25



## KIDS MENU

Kids Meal Includes Fries or Chips and 100% Juice

Hot Dog <i>Fries or Chips</i> .....	4.99
Layla's Chicken Fingers <i>Fries or Chips</i> .....	4.99
Mason's Chicken Nuggets <i>Fries or Chips</i> .....	4.99
Turkey/ Beef Cheeseburger <i>Fries or Chips</i> .....	4.99
Donae's Grilled Cheese <i>Fries or Chips</i> .....	4.99
J & J's Grilled Peanut Butter & Jelly <i>Fries or Chips</i> .....	4.99

## SOUP

	12 OZ.	16 OZ.
Soup of the Day.....	3.95	4.95
Wendy's Soup of the Day <i>(Vegetarian)</i> .....	5.50	6.50
Chili with Beans.....	3.95	4.95
Chili with Ground Beef.....	4.95	5.95

## BAKED POTATO

with Butter & Sour Cream.....	2.50
with Broccoli & Cheese Wiz.....	2.50
with Bacon & Cheese Wiz.....	2.50
with Chili & Cheese Wiz.....	2.50
with Garlic Veggies & Cheese Wiz.....	2.50
with The Works <i>(Loaded) Cheese Wiz, Sour Cream, Butter &amp; Broccoli</i> .....	3.00



## "WRAP IT UP ???"

All Wraps Come with Lettuce, Tomato & American Cheese  
Choice of Spinach, Multi Grain or White Flour Tortilla Wrap  
and Served with a Bag of Chips

- Grilled Chicken Wrap *American Cheese, Lettuce, & Tomato*
- Chicken Finger Wrap *American Cheese & Honey Mustard Sauce*
- Chicken or Tuna Salad Wrap *with Lettuce & Tomato*
- Cheesesteak (Beef or Chicken) Wrap
- Grilled Buffalo Chicken Wrap *with Hot Sauce, Lettuce, Tomato & Blue Cheese on the Side*
- Grilled Caesar Chicken Wrap *with Provolone Cheese & Caesar Dressing*
- Grilled Honey Mustard Chicken Wrap *with Lettuce & Tomato*
- Hot Turkey and Bacon Wrap
- Fried or Grilled Whiting Wrap *with Lettuce & Tomato*
- Fried or Grilled Tilapia *with Lettuce & Tomato*
- Fried or Grilled Flounder *with Lettuce & Tomato*
- Fried or Grilled Catfish *with Lettuce & Tomato*
- Grilled Veggie Chicken *Onions, Peppers, Broccoli, Mushrooms, Spinach & Black Olives*

ALL  
\$7.50

## FAT BOY HOAGIES

All Hoagies Come with Mounds of Meat, Lettuce, Tomato,  
Onion, Pickles, Sweet or Hot Peppers

Turkey Breast & Cheese.....	7.00
Turkey, Ham & Cheese.....	7.50
Ham & Cheese.....	7.00
Chicken Salad & Cheese.....	8.00
Tuna Fish Salad & Cheese.....	8.00
Fried or Grilled Whiting Fish & Cheese.....	8.00
Fried or Grilled Tilapia Fish.....	8.00
Fried or Grilled Flounder.....	8.00
Fried or Grilled Catfish.....	8.00
Grilled Chicken Breast & Cheese.....	8.00

Eat One of Our  
Fatboy Hoagies in  
5 mins. and get a FREE  
Soulfed T-Shirt

## BURGERS

5 oz. of 100% Beef or Ground Turkey  
All Burgers Come with Lettuce, Tomato, Onion,  
Pickle and a Bag of Chips

	BEEF	TURKEY
Hamburger.....	3.75	4.00
Cheeseburger.....	4.25	4.50
Mushrooms Cheeseburger.....	4.75	5.00
Bacon Cheeseburger.....	5.00	5.25
Double Cheeseburger.....	6.00	6.25
BBQ Cheeseburger.....	4.50	4.75
Buffalo Cheeseburger.....	4.50	4.75

## HOT SANDWICHES

Fried or Grilled Whiting Fish.....	6.00
Fried or Grilled Tilapia Fish.....	7.00
Fried or Grilled Flounder.....	7.00
Fried or Grilled Catfish.....	7.00
Fried Pork Chop.....	5.00
Fried Beef Hot or Mild Sausage (1).....	2.25
Fried Beef Hot or Mild Sausages (2) <i>Hoagie Roll</i> .....	4.50
Chicken Parmigiana <i>Hoagie Roll</i> .....	6.50
Meatball Parmigiana <i>Hoagie Roll</i> .....	6.50
Hot Turkey-N-Gravy.....	5.50
Jumbo Beef 1/4lb. Hot Dog.....	1.75



## VEGAN MENU

(NO MEAT, Choice of American or Vegetarian Cheese)

Veggie Chicken Nugget.....	6.00
Garlic Veggie Melt <i>on Wheat Pita Bread</i> .....	6.50
<i>with Melted Cheese, Onion, Pepper, Mushrooms, Spinach &amp; Black Olives</i>	
Veggie Patty Hoagie.....	8.00
Veggie Burger.....	5.00
Veggie Crab Cake <i>Wheat Roll, Lettuce &amp; Tomato</i> .....	5.50
Veggie Crab Cake Platter (2).....	11.75
<i>Served with Brown Rice &amp; Garlic Vegetables</i>	
Beef Veggie Stir Fry <i>with Brown Rice</i> .....	10.75
Veggie Chicken Stir Fry <i>with Brown Rice</i> .....	9.75
Veggie Cheese Chicken or Beef Steak.....	8.00
Garlic Veggie Cheese Wrap.....	6.00
<i>Onion, Peppers, Mushrooms, Broccoli, Spinach &amp; Black Olives</i>	
Garlic Veggie Nacho Supreme.....	7.25
Veggie Chili.....	5.50
Veggie Baked Potato.....	5.00
<i>Stuffed Garlic, Spinach, Broccoli &amp; Mushrooms</i>	
Meatball Parm.....	7.00
Meatball & Pasta.....	10.25
Veggie Chicken Cutlet <i>on Wheat Roll</i> .....	6.00
Chicken Parm Platter.....	11.75

## WILD FIRE WINGS

Our Jumbo Pieces are Dipped in Your Choice of  
Mildly Hot, Sweet-N-Sour or General Tso's Sauce  
Included Bleu Cheese Dressing Upon Request

8 pc. ....	5.50	20 pc. ....	13.50
50 pc. ....			37.50

## FRIED CHICKEN WHOLE WINGS

Our Jumbo Whole Deep Fried Wings  
Served with White or Wheat Bread

Temp's Fried Chicken Wings 4 pc. ....	5.00	6 pc. ....	7.50
20 pc. ....	25.00	50 pc. ....	60.00

## EVON'S BOTTOM OF SEA SAMPLER

3pc Whiting, 3pc Tilapia  
3pc Flounder, 3pc Catfish  
3pc Shrimp, Clam Strips  
3 Sides, 3 Corn Bread &  
Choice of Dessert

**\$34.99**

Not to be combined with any other offer.  
Please mention coupon when ordering.  
Limited time offer.

## JABREE'S JAMBOREE

Any 3 Hoagies or  
Cheesesteaks &  
3 Bags or Chips

**\$15.99**

Not to be combined with any other offer.  
Please mention coupon when ordering.  
Limited time offer.

## NESHIA'S SHRIMP FEAST

2 Dozen Shrimp,  
2 Large Fries &  
Coleslaw

**\$24.99**

Not to be combined with any other offer.  
Please mention coupon when ordering.  
Limited time offer.

## ERNEST'S BURGER SPECIAL

Beef or Turkey  
Burger, Fries  
& a Can of Soda

**\$5.99**

Not to be combined with any other offer.  
Please mention coupon when ordering.  
Limited time offer.

## VEGETARIAN DINNER SPECIAL

2 Vegan Platters  
& Rolls

**\$19.99**

Not to be combined with any other offer.  
Please mention coupon when ordering.  
Limited time offer.